

Rapides Parish School Board

Menus are subject to change without notice due to challenges in delivery or availability.

Monday 10/30/23	Tuesday 10/31/23	Wednesday 11/01/23	Thursday 11/02/23	Friday 11/03/23
Breakfast				
French Toast Sticks/Syrup Juice Milk	Powdered Donuts/Cereal Fruit Milk	Jump Start Milk	Waffle/Sausage/Syrup Fruit Milk	Ham & Cheese Croissant Juice Milk
Lunch				
Italian Hoagie Baked Chips Stack Salad Pickle Wedge Orange Wedges Milk	Beef Tips & Gravy Fluffy White Rice Steamed Broccoli Buttered Roll Chilled Grapes Halloween Cake Milk	BBQ Ribette on Bun Potato Rounds/Catsup Baked Beans Pear Halves Milk	Lasagna Seasoned Green Peas Italian Salad/Dressing Garlic Bread Fruit Cup Milk	Vegetable Soup Grilled Cheese Sandwich Combo Veg Salad/Dressing Sliced Peaches Milk

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer".

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Monday 11/06/23	Tuesday 11/07/23	Wednesday 11/08/23	Thursday 11/09/23	Friday 11/10/23
Breakfast				
Breakfast Stick Juice Milk	Pop Tart/Cereal Fruit Milk	Jump Start Milk	Pancake/Sausage/Syrup Fruit Milk	VETERAN'S DAY HOLIDAY!
Lunch				
Hot Dog on Bun Sweet Potato Fries Baked Beans Chilled Grapes Milk	BBQ Chicken Dirty Rice Steamed Broccoli Buttered Roll Fruit Cup Milk	Super Beefy Nachos with Cheese Cup Spanish Rice Shredded Lettuce Diced Tomatoes Banana Milk	Spaghetti & Meat Sauce Seasoned Green Peas Italian Salad/Dressing Garlic Bread Mandarin Oranges Milk	VETERAN'S DAY HOLIDAY!

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Monday 11/13/23	Tuesday 11/14/23	Wednesday 11/15/23	Thursday 11/16/23	Friday 11/17/23
Breakfast				
Grilled Cheese Juice Milk	Chicken Biscuit Fruit Milk	Jump Start Milk	Breakfast Pizza Fruit Milk	Cinnabun/Cereal Juice Milk
Lunch		THANKSGIVING DINNER!		
Chicken Patty on Bun Potato Rounds/Catsup Baked Beans Fruit Cocktail Milk	Hamburger French Fries/Catsup Stack Salad Pineapple Tidbits Milk	Baked Turkey/Gravy Cornbread Dressing Cranberry Sauce Seasoned Green Beans Sweet Potato Casserole OR Sweet Potato Crunch Buttered Roll Fruit Cup Milk	Ham & Cheese Sandwich Doritos Stack Salad Apple Wedges Milk	Pepperoni Pizza Wedge Buttered Corn Italian Salad/Dressing Sliced Peaches Milk

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Monday 11/20/23	Tuesday 11/21/23	Wednesday 11/22/23	Thursday 11/23/23	Friday 11/24/23
Breakfast				
THANKSGIVING HOLIDAYS!	THANKSGIVING HOLIDAYS!	THANKSGIVING HOLIDAYS!	THANKSGIVING HOLIDAYS!	THANKSGIVING HOLIDAYS!
Lunch				
THANKSGIVING HOLIDAYS!	THANKSGIVING HOLIDAYS!	THANKSGIVING HOLIDAYS!	THANKSGIVING HOLIDAYS!	THANKSGIVING HOLIDAYS!

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Monday 11/27/23	Tuesday 11/28/23	Wednesday 11/29/23	Thursday 11/30/23	Friday 12/01/23
Breakfast				
Blueberry Muffin/Cereal Juice Milk	Cinnamon Toast Wedge Fruit Milk	Jump Start Milk	Ham & Cheese Croissant Fruit Milk	Sausage Biscuit Juice Milk
Lunch				
Corn Dog Sweet Potato Fries/Catsup Baked Beans Fruit Cocktail Milk	Salisbury Steak/Gravy Fluffy White Rice Seasoned Green Beans Buttered Roll Sliced Peaches Milk	Fish Sticks Macaroni & Cheese Seasoned Green Peas Buttered Roll Pear Halves Milk	Red Beans & Sausage Fluffy White Rice Seasoned Turnip Greens Cornbread Pineapple Tidbits Milk	Pepperoni Pizza Wedge Buttered Corn Italian Salad/Dressing Apple Wedges Milk

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