

Rapides Parish School Board

Menus are subject to change without notice due to challenges in delivery or availability.

Monday 01/29/24	Tuesday 01/30/24	Wednesday 01/31/24	Thursday 02/01/24	Friday 02/02/24
Breakfast				
Pancakes/Sausage/Syrup Juice Milk	Breakfast Stick Fruit Milk	Jump Start Milk	Powdered Donut/Cereal Fruit Milk	Cinnamon Toast Wedge Juice Milk
Lunch				
Sloppy Joes Buttered Corn Combo Vegetable Salad/Dressing Banana Milk	Chicken Tetrzzini Glazed Carrots Lettuce & Tomato Salad/Dressing Buttered Roll Fruit Cup Milk	Corn Dog/Mustard Potato Rounds Seasoned Green Peas Mandarin Oranges Milk	Red Beans & Sausage Fluffy White Rice Seasoned Turnip Greens Cornbread Pear Halves Milk	Chicken Patty on Bun French Fries/Ketchup Seasoned Green Beans Fruit Cocktail Milk

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer".

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Monday 02/05/24	Tuesday 02/06/24	Wednesday 02/07/24	Thursday 02/08/24	Friday 02/09/24
Breakfast				
Ham & Cheese Croissant Juice Milk	Breakfast Pizza Fruit Milk	Jump Start Milk	Waffle/Sausage/Syrup Fruit Milk	Pop Tart/Cereal Juice Milk
Hamburger French Fries/Catsup Stack Salad Sliced Peaches King Cake Milk	Chicken Fajitas Spanish Rice Shredded Cheese Lettuce & Tomato Salad/Dressing Pear Halves Milk	Spaghetti and Meat Sauce Seasoned Green Peas Buttered Corn Garlic Bread Orange Wedges Milk	Chicken & Sausage Gumbo Fluffy White Rice Candied Yams Cornbread OR Crackers Fruit Cup Milk	BBQ Pork on Bun Sweet Potato Fries Baked Beans Chilled Grapes Milk

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Monday 02/12//24	Tuesday 02/13/24	Wednesday 02/14/24	Thursday 02/15/24	Friday 02/16/24
Breakfast				
MARDI GRAS!	MARDI GRAS!	Jump Start Milk	Chicken Biscuit Fruit Milk	Cinnabun/Cereal Juice Milk
Lunch		ASH WEDNESDAY		
MARDI GRAS!	MARDI GRAS!	Choice of Cheese Pizza OR Stuffed Crust Pepperoni Pizza Buttered Corn Italian Salad/Dressing Pear Halves Milk	Italian Hoagie Baked Chips Green Salad/Dressing Fruit Cocktail King Cake Milk	Vegetable Soup Grilled Cheese Lettuce & Tomato Salad/Dressing Banana Milk

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Monday 02/19/24	Tuesday 02/20/24	Wednesday 02/21/24	Thursday 02/22/24	Friday 02/23/24
Breakfast				
Blueberry Muffin/Cereal Juice Milk	Breakfast Stick Fruit Milk	Jump Start Milk	Powdered Donuts/Cereal Fruit Milk	French Toast Sticks/Syrup Juice Milk
Lunch				
Salisbury Steak and Gravy Fluffy White Rice Seasoned Green Beans Buttered Roll Pineapple Tidbits Milk	Soft Tacos Ranch Style Beans Shredded Cheese Shredded Lettuce Diced Tomatoes Mandarin Oranges Milk	Breaded Chicken Strips Cheese Potatoes Steamed Broccoli Buttered Roll Orange Wedges Milk	Ham OR Turkey & Cheese Sandwiches Doritos Baby Carrots/Ranch Banana/Strawberry Cup Milk	Oven Fried Catfish French Fries/Catsup Coleslaw Jalapeno Cornbread Fruit Cup Milk

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Monday 02/26/24	Tuesday 02/27/24	Wednesday 02/28/24	Thursday 02/29/24	Friday 03/01/24
Breakfast				
Pancake/Sausage/Syrup Juice Milk	Cinnamon Toast Wedge Fruit Milk	Jump Start Milk	Ham & Cheese Croissant Fruit Milk	Banana Muffin/Cereal Juice Milk
Lunch				
Hot Dog on Bun French Fries/Catsup Baked Beans Fruit Cocktail Milk	Chicken Tetrzzini Glazed Carrots Seasoned Green Peas Buttered Roll Apple Wedges Milk	Cheeseburger Potato Rounds/Catsup Stack Salad Chilled Grapes Milk	Red Beans & Sausage Fluffy White Rice Seasoned Turnip Greens Cornbread Fruit Cup Milk	Nachos w/Cheese Cup, with Choice of Beef Buttered Corn Lettuce & Tomato Salad/Dressing Pear Halves Milk

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Monday 03/04/24	Tuesday 03/05/24	Wednesday 03/06/24	Thursday 03/07/24	Friday 03/08/24
Breakfast				
NO STUDENTS!	Chicken Biscuit Fruit Milk	Jump Start Milk	Breakfast Pizza Fruit Milk	Cinnabun/Cereal Juice Milk
Lunch				
NO STUDENTS!	Spaghetti with Meat Sauce Seasoned Green Peas Combo Vegetable Salad/Dressing Garlic Bread Sliced Peaches Milk	BBQ Pork on Bun French Fries/Catsup Baked Beans Banana Milk	Farmer Jones Seasoned Green Beans Buttered Carrots Buttered Roll Mandarin Oranges Milk	Choice of Cheese Pizza OR Stuffed Crust Pepperoni Pizza Buttered Corn Italian Salad/Dressing Pineapple Tidbits Milk

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