



MENTAL HEALTH RESOURCES FOR STAFF

Please share this [brochure](#) with all staff to inform them of **FREE** mental health services available to RPSB employees. Services are completely confidential and no personally identifiable information (name, DOB, school assignment, etc.) will be shared with any district personnel, should staff members choose to take advantage of these supports.

The link to register for telehealth services (up to 8 sessions) through LDOE's partnership with Ochsner's can be found [here](#). Those who wish to request an appointment (up to 4) with a licensed mental health professional contracted through the district can sign up [here](#).